

Who do I contact?

For more information about Choices for Care, or to appeal the results of your assessment, contact the Illinois Department on Aging:

Senior HelpLine:

1-800-252-8966

711 (TRS)

Email: aging.ilsenior@illinois.gov

Illinois Department on Aging
One Natural Resources Way,
Suite 100

Springfield, Illinois 62702-1271



State of Illinois
Illinois Department on Aging

Choices for Care in Illinois

Making decisions about long-term services and supports can be overwhelming. Choices for Care is a program that works with you, your family and any authorized representative(s) to empower you to make informed choices.

Choices may include:

- ☒ Community Care Program for older adults 60+
- ☒ Home Services Program for adults 18-59
- ☒ Supportive Living Program
- ☒ Program for All-Inclusive Care for the Elderly (PACE) for older adults 55+
- ☒ Caregiver Support
- ☒ Home-Delivered Meals
- ☒ Other Community Supports & Services
- ☒ Nursing Facility Care



How does the Program work?

- Care Coordinators conduct a free Choices for Care consultation to educate and empower you and any trusted family or friends to make informed decisions about your options for care.
- The Care Coordinator will discuss programs and services that can support you to remain at home, and options for care in a facility.
- These consultations are typically completed in hospitals prior to discharge, but they can also be completed in the community or at a Nursing Facility.



What happens during my Choices for Care consultation?

- A Care Coordinator will meet with you and any trusted family or friends you choose to understand your goals and explain options for programs and services.
- The Care Coordinator will evaluate your need for services by asking about daily activities that you can do on your own and those you may need assistance with, such as bathing, dressing, preparing meals, shopping and laundry.
- Based on your assessment, the Care Coordinator will determine if you are eligible for services and provide information to empower you to make an informed choice when considering services in your home or nursing facility care.

What happens after my Choices for Care consultation?

If your Care Coordinator determines you are eligible for services, your Care Coordinator will provide you with the information you need to choose the location and type of services you will receive. The final decision about the services you will receive is yours to make.

If you are determined ineligible for services, your Care Coordinator will inform you of your right to appeal the decision using the contact information on the back of this brochure.

Care Coordinators must inform you about follow-up consultations in the Nursing Facility to assist you in returning to your home and community if and when possible. Please let the Care Coordinator know if you would like a follow-up visit.

What about the cost of the service I choose?

Costs for services and supports will vary. Depending on your income and assets, you may be eligible for State or federal assistance to pay for your services.